

## Personal Ritual For The Departed

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This Ritual can be performed upon learning that a soul has left their body.

When a loved one leaves their body, there are oftentimes things which we wish we had said or done. This ritual is a marvelous time to say those things and to remember the goodness of the departed soul.

Mystics say that there is no time distance between us and those who have departed. Your thoughts can and will be heard. As you perform this ritual, your Yoga Siddhi, the power of your concentrated thoughts, will remind the departed soul of their past good deeds and will improve their new incarnation.

### **The Ritual Proper**

All steps of this ritual are done as a visualization. However, if you wish you may take one to three small denominational bills from your country, and place them in front of you for use during and after the ritual.

00) Create a mental image of the person's face and hold it while doing this ritual. (If you have never seen the person, then mentally create the person's middle name in white lights before your mind's eye. If you do not know their middle name, then use their first name.)

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- 0) Before the person's image, **mentally** place a little water, a piece of fruit, one to three dollar bills, the letter 'A', a book, and your breath. (If you chose to physically use bills, they should be carried and given one to the first person(s) asking for money.)
- 1) Softly speak aloud the name of the person for whom you are meditating. Repeat the name three times and offer a breath saying mentally, "I give you a breath to enliven your consciousness."
- 2) With the money offering you say, "I give you this wealth to fulfill your needs."
- 3) With the letter 'A' offering you say, "I give you this letter allowing you to communicate with others and with yourself."
- 4) With the fruit offering you say, "I give you this fruit to remove your hunger".
- 5) With the water offering you say, "I give you this water to quench your thirst".
- 6) Now, lift the person up so as to re-meet those souls who have given joy or wisdom so that the life-evolution will continue.
- 7) Take all these souls and place them into The Light so as cremate all remaining negative karma.

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- 8) Give the person a book, saying, "I give you this book so that your mind will unfold in knowledge."
- 9) Mentally bring the soul before the Divinity, before the throne of God, before that which you consider to be Holy, before your chosen form of the Divine saying "Oh Life, Oh Divinity have compassion upon this soul. Free this soul. Bring him/her ever greater joy, ever greater wisdom and ever greater freedom."
- 10) Now mentally lift this soul a little higher and take that soul to the 'Hall of Wishes'. Allow that soul to dream its dream, thus preparing itself for the new Astral Incarnation, and later for the next earth incarnation.
- 11) Now, if needed, offer up a personal symbol, giving and saying whatever you feel needs to be given or said to that departed soul. Remember that this is all mentally done.
- 12) End the Ritual by saying, "I have done what I can do: I leave the rest to Lord and lineage. I leave the rest to God and Guru".

Each time your mind turns to this soul recall a moment of happiness, joy, and laughter that you shared with them. Each time you think of this soul surround them with the blue light of healing and of Divine blessing. Think shanti, shanti, shanti. Then



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three times repeat their name saying, "Remember your good past deeds. Remember your good past deeds. Remember your good past deeds."

You are also welcome to join us at the Temple of Kriya Yoga for the Annual Ritual for the Departed at the full moon in in the Fall of each year. This is the time during which we remember all of those who have gone before us.

Om Shanti, Shanti, Shanti

OM TAT SAT OM